WHAT IS MINE IS YOURS

Market Structure & Price Action

Read swings, trends, ranges and meaningful breaks

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Structure basics

Market structure describes swing highs and lows. An uptrend often forms higher highs and higher lows; a downtrend often forms lower lows and lower highs. A range forms when price oscillates between boundaries without a clear directional sequence. Structure depends on timeframe.

Swing points

A swing high is a local peak with lower highs around it; a swing low is a local trough with higher lows around it. Choose a consistent pivot rule and do not redraw swings after seeing the outcome. Too many tiny pivots create noise.

Break of structure

BOS commonly describes price breaking a meaningful prior swing in the direction of the current trend. Decide whether your rule requires a candle close, displacement or retest. A wick through a level is not the same as acceptance beyond it.

Market structure shift

MSS is commonly used for a break against the prior short-term sequence that may indicate a change in control. One break does not prove a lasting reversal. Consider higher-timeframe context, location and follow-through.

Multi-timeframe process

Use a higher timeframe to identify broad direction and important zones; use a lower timeframe only for a defined trigger. For example, H4 context, H1 setup area and M15 execution. Do not switch timeframes until a signal appears.

Practice

Review 30 historical examples. Mark swings before looking ahead. Label trend, range, BOS, possible MSS or unclear structure. Record false breaks as carefully as successful breaks.

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