WHAT IS MINE IS YOURS

Support, Resistance & Trendlines

Build a clean map of the chart

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Zones, not magic lines

Support is an area where buying interest has previously appeared; resistance is an area where selling interest has appeared. These are observations, not guarantees. Zones should be narrow enough to define invalidation.

Drawing zones

Start on higher timeframes. Mark repeated turning areas, strong origins of moves and prior range boundaries. Prefer levels that are obvious without excessive annotation. Decide whether your zone uses candle bodies, wicks or closes.

Role reversal

Broken resistance may later act as support; broken support may later act as resistance. This can fail. Price may continue without a retest, or retest and then reverse back through the level.

Trendlines and channels

A trendline connects meaningful swing points—often higher lows in an uptrends or lower highs in a downtrend. A channel adds a roughly parallel boundary. Trendlines are subjective; use a consistent rule and do not force a line through unrelated pivots.

Breakouts

A breakout moves beyond a defined boundary. Confirmation might require a close, follow-through or retest. A false breakout returns inside the prior range. Define the rule before testing.

Practice

Mark five zones on three instruments, save screenshots, then record whether price respected, broke, retested or ignored each zone. Do not quietly move the original marks.

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